**Social Media Agreement for Parents and Child**

**I will keep myself safe and**

**protect my reputation.**

* I will not give out any personal information, like my age, last name, address or phone number, school, or meet someone I’ve met online, without my parent’s permission.
* I will not put myself at risk by posting or sending inappropriate photos or videos.
* I will tell my parents or an adult I trust if anything happens online that makes me feel uncomfortable, threatened, upset or sad.
* I will not share my password with anyone other than my parents.

**I will think first.**

* I know that the pictures and videos I post online, and everything that I write about myself and my friends, will likely be online forever. Therefore, I will not put anything on my profile that I wouldn’t want my parents, teachers, college admissions officers or future bosses to see.
* I agree that not all TV shows, movies, games, music and websites are right for me. I will talk to my parents if I am not sure what’s appropriate.
* I know that not everything I read or see is true, and I will think about whether a source is credible.
* I will earn my independence and my parent’s trust.

**I will keep a healthy balance.**

* Even though I love media, there are other things in my life that I’m interested in. So I will help my parents set time limits that make sense and then I will follow them.
* I will help my parents understand why media is so important to me, but also recognize that my safety is more important to them than anything else.

**In exchange, my parents agree to:**

* Recognize that media is a big part of my life, even if they don’t always understand why.
* Before saying “no” talk with me about what worries them and why.
* Respect my privacy and talk to me if they have concerns.

Adapted from Common Sense Media

http://www.commonsensemedia.org